

## WHAT ARE THE FACTS?

# Zika Virus Infection

PHOTO BY JAMES GATHANY, COURTESY CDC



*Aedes aegypti* mosquito.

## HOW IS ZIKA TRANSMITTED?

- Primarily transmitted by **infected mosquitoes**
- *Aedes aegypti* (yellow fever mosquito) and *Aedes albopictus* (Asian tiger mosquito)
- Mosquitoes go from egg to adult in a week to 10 days
- Same mosquitoes transmit **dengue, chikungunya, Zika viruses**
- **Zika** is passed from an infected person to a mosquito through a bite, mosquito then bites someone else
- **Sexual transmission** of Zika cases have been documented



## PREGNANCY?

- Pregnant women **should not travel** to these countries
- Male sex partners who have traveled to these countries **should use condoms** during sex



## WHAT ARE THE SYMPTOMS?

- fever and headache
- conjunctivitis
- rash
- joint pain
- muscle pain

**80%**  
of **Zika** infected  
don't know they  
are sick.



These countries  
have had outbreaks  
of **Zika** virus:

**Americas,  
Caribbean,  
Mexico,  
Pacific Islands**

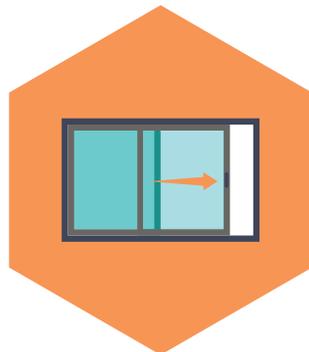
**NO VACCINE TO PREVENT • NO MEDICINE TO TREAT**

## HOW DO YOU PROTECT AND PREVENT?



**Use EPA registered  
insect repellents  
containing DEET**

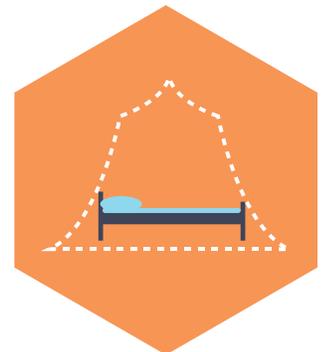
(during travel and 3 weeks after)



**Stay in places with air  
conditioning or window  
and door screens**



**Wear protective clothing**  
(light-colored, long-sleeved  
shirts, long pants and socks)



**Sleep under a  
mosquito net**

**Find out what it takes to stop Zika**

**Please visit [dhh.la.gov/zika](http://dhh.la.gov/zika)**



**LOUISIANA  
DEPARTMENT OF HEALTH**  
Public Health