

IF YOU ARE RETURNING
FROM THESE COUNTRIES,
YOU MAY HAVE

ZIKA VIRUS

AND NOT KNOW IT.

Protect & Prevent

- To prevent spreading **Zika** to others, avoid mosquito bites.
- Use **EPA** registered insect repellents containing **DEET** for **three** weeks after returning home.
- Wear protective clothing (long sleeves, long pants and socks).
- **Tip 'n Toss** standing water around your home and yard after it rains.

The **Aedes aegypti** and **albopictus** mosquito spreads **Zika virus** which can cause serious health issues.

Find out what it takes to stop Zika

Please visit dhh.la.gov/zika


DEPARTMENT OF HEALTH