



**ZIKA**

# VIRUS

## Protect & Prevent

**PROTECT** yourself from mosquito bites

**PREVENT** the spread of ZIKA infection

### HEADING TO ONE OF THESE COUNTRIES?

- Use **EPA** registered insect repellents containing **DEET** (*available in shops on the concourse*).
- Use while you travel and for **three** weeks after returning home.
- Wear protective clothing (long sleeves, long pants and socks).
- Stay in places with air conditioning or window and door screens.
- Sleep under a mosquito net.

The **Aedes aegypti** and **albopictus** mosquito spreads **Zika virus** which can cause serious health issues.

**Find out what it takes to stop Zika**

Please visit [dhh.la.gov/zika](http://dhh.la.gov/zika)

**DEPARTMENT OF HEALTH  
AND HOSPITALS**

