



# The flu shot: Children under 6 months old can't get it. But you can.

**Families with children are at a higher risk of catching the flu.**

The best way to protect your family is to get your flu shot right now. That way, you won't get the flu. And those under 6 months old won't get it from you. So get your shot, keep your surroundings clean, and keep your family healthy all season long.

For more information, ask your health care provider or pharmacist, call 2-1-1 or visit [www.ldh.la.gov/FightTheFlu](http://www.ldh.la.gov/FightTheFlu).

