



2016 GOVERNOR'S GAMES

Track & Field Championships

June 11th – 12th

Tad Gormley Stadium
New Orleans, LA



Host: Crescent City Track Club
John Boyer – Meet Director

This meet is sanctioned by The Louisiana Governor's Council on Physical Fitness & Sports.

Athletes are not required to have a USATF or AAU membership. Participation is open to all.

To view information packet, go to www.lagovernorsgames.org or www.crescentcitytiming.com or www.adkinstrak.com

Each athlete must be registered online at www.coacho.com. **ONLY MASTER CARD AND VISA CREDIT CARDS WILL BE ACCEPTED. Cash, checks and money orders will not be accepted. NO REFUNDS will be issued.**

Entry Procedure: The team coach should enter his athletes, using the on-line registration process.

PeeWee, Primary, Sub Bantam, Bantam and Sub Midget & Midget Divisions may compete in a maximum of 3 events, including relay participation. Sub Youth, Youth, Intermediate and Young Men and Women may compete in a maximum of 4 events, including relay participation.

PROOF OF AGE WILL BE REQUIRED IF CHALLENGED

All participants are required to bring a copy of their birth certificate, driver's license or other acceptable proof of age.

Entry Fee: \$ 18 per Participant (Relays included)

Entries: All entries must have seed times. Those times will be used in seeding heats. The top eight times will go to the finals. If nine (9) or less competitors in any semi-final race, it will be run as a final in place of semi-final race.

**ENTRY DEADLINE IS WEDNESDAY, JUNE 8th, NO EXCEPTIONS!!!
NO REFUNDS!**

Spectator Tickets: \$5 for Adults /\$5 for Children.

Running Events: Athletes will report to Clerk of Course for check-in. (Clerk of Course may reheat as required to reduce required heats.)

Field Events: Athletes will report to event for check-in. **Coaches will not be allowed on the track or field event areas once competition has begun.**

Rules: The meet will be conducted under the competitive rules of the National Governing Body.

Protest: There will be a \$50 cash protest fee. The protest must be in writing (page number & rule) and submitted within 30 minutes of the incident in question.

Equipment: Starting blocks will be provided and are strictly the option of the individual athlete.

Spike & Facility Regulations:

- Acceptable spikes: ¼” pyramids
- Water is the only permitted drink allowed on the track facility.

Awards: Each registered athlete will receive a Governor’s Games T-shirt. Custom medals of Gold, Silver and Bronze will be awarded to the top-three finishers in each event. Events will be scored, and a Governor’s Games poster will be presented to the winner in each Age Division, (Male and Female). Two Governor’s Games Championship trophies will be presented, one to the overall Male team, and one to the overall Female team, (combining all Age Divisions).

No awards will be mailed out after the meet.

Athlete Check-in: Packets for teams and unattached participants will be given Friday, June 10, 2016, 3:00 PM – 6:00 PM at the Meet Headquarters: Country Inn & Suites; 2713 N. Causeway Blvd, Metairie, LA., 504-835-8226. The Hotel is offering a special rate of \$ 92.00, plus tax (must mention LA. Governor’s Games). Packets may also be picked up at 7:00 AM on June 11, 2016 outside Tad Gormley Stadium. **You are strongly advised to pick up your packet on Friday night, rather than on Saturday morning!**

For additional information:

John Boyer
548 Oak Glen Dr.
Gretna, LA 70056
504-366-4242 (Home)
504-343-4242 (Cell)
504-361-5100 (Fax)
email: bovertrack@aol.com

Meet Registration:

Carroll Boyer
504-366-4242 (Home)
504-367-8299 (Office)
email: carroll888@aol.com

2016 LA. GOVERNOR'S GAMES SCHEDULE

Saturday, June 11, 2016

FINAL SCHEDULE

**7 & Under Girls (2009 & later)	11's Girls (2005)	14's Girls (2002)
**7 & Under Boys (2009 & later)	11's Boys (2005)	14's Boys (2002)
8's Girls (2008)	12's Girls(2004)	15-16's Girls (2000-2001)
8's Boys (2008)	12's Boys (2004)	15-16's Boys (2000-2001)
9's Girls (2007)	13's Girls (2003)	17-18's Women (1998-1999)
9's Boys (2007)	13's Boys (2003)	17-18's Men (1998-1999)
10's Girls (2006)		
10's Boys (2006)		

**** PeeWee Girls & Boys can only run 50 mtr., 100 mtr., 200 mtr.**

SF = Semi Finals

TF=Timed Finals

F=Finals

FIELD EVENTS **

TIME	EVENT	DIVISION	
8:30 am	Long Jump (2 pits)	17-18's (G/B) thru 8's (G/B)	F
	High Jump (2 pads)	9's (G/B) thru 17-18's (G/B)	F
	Javelin (1 runway)	17-18's (G/B) thru 13's (G/B)	F
	Shot Put (follows Javelin) (2 rings)	8's (G/B) thru 12's (G/B)	F

****NOTE: ALL JUMPS & THROWS – (FOUR (4) ATTEMPTS ONLY).**

RUNNING EVENTS *

This is a rolling schedule

TIME	EVENT	DIVISION	
9:00am	3000 mtr Run	11's (G/B) thru 17-18's (G/B)	TF
	3000 mtr Racewalk	13's (G/B) thru 17-18's (G/B)	TF
	4x100 mtr Relay	8's (G/B) thru 17-18's (G/B)	SF
	800 mtr Run	All Divisions (G/B)	TF
	100 mtr Dash	All Divisions (G/B)	SF
	50 mtr Dash	7 & under (G/B)	SF
	1500 mtr Racewalk	9's (G/B) thru 12's (G/B)	TF
	400 mtr Hurdles (36")	15-16's thru 17-18's (Boys)	TF
	400 mtr Hurdles (30")	15-16's thru 17-18's (Girls)	TF
	200 mtr Hurdles (30")	13's thru 14's (G/B)	TF
	4x800 mtr Relay	11-12's (G/B) thru 17-18's (G/B)	TF
	200 mtr Dash	All Divisions (G/B)	SF

***NOTE: Some distance races may be combined due to number of participants.**

This schedule is subject to change without notice, depending upon the number of entries received. Be sure to check the revised posted time schedule upon arriving at Tad Gormley Stadium. Some events may have combined age groups.

2016 LA. GOVERNOR'S GAMES SCHEDULE

Sunday, June 12, 2016

FINAL SCHEDULE

**7 & Under Girls (2009 & later)

**7 & Under Boys (2009 & later)

8's Girls (2008)

8's Boys (2008)

9's Girls (2007)

9's Boys (2007)

10's Girls (2006)

10's Boys (2006)

11's Girls (2005)

11's Boys (2005)

12's Girls(2004)

12's Boys (2004)

13's Girls (2003)

13's Boys (2003)

14's Girls (2002)

14's Boys (2002)

15-16's Girls (2000-2001)

15-16's Boys (2000-2001)

17-18's Women (1998-1999)

17-18's Men (1998-1999)

**** PeeWee Girls & Boys can only run 50 mtr., 100 mtr., 200 mtr.**

FIELD EVENTS **

TIME	EVENT	DIVISION	
8:30 am	Triple Jump (2 pits)	17-18's (G/B) thru 13's (G/B)	F
	Discus	11's (G/B) thru 17-18's (G/B)	F
	Shot Put (2 rings) (follows Discus)	13's (G/B) thru 17-18's (G/B)	F
	Pole Vault	13's (G/B) thru 17-18's (G/B)	F

****NOTE: ALL JUMPS & THROWS – (FOUR (4) ATTEMPTS ONLY).**

RUNNING EVENTS *

This is a rolling schedule

TIME	EVENT	DIVISION	
9:00 am	1500 mtr Run	All Divisions (G/B) (except 7 & Under, & 8)	
TF	100 mtr Dash	All Divisions (G/B)	F
	50 mtr Dash	7 & Under (G/B)	F
	110 mtr Hurdles (39")	15-16's, 17-18's (Boys)	TF
	100 mtr Hurdles (33")	13's, 14's (Boys), 15-16's, 17-18's (Girls)	TF
	100 mtr Hurdles (30")	13's, 14's (Girls)	TF
	80 mtr Hurdles (30")	11's, 12's, (G/B)	TF
	400 mtr Run	All Divisions (G/B)	TF
	4x100 mtr Relay	8's (G/B) thru 17-18's (G/B)	F
	200 mtr Dash	All Divisions (G/B)	F
	4x400 mtr Relay	9-10's (G/B) thru 17-18's (G/B)	TF

***NOTE: Some distance races may be combined due to number of participants.**

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