

## Cleaning Products and Medications

- Keep medicine, cleaning bottles and chemicals in locked cabinets, in the original containers.
- Buy tamper-resistant packaging for medicines and household products.

## Carbon Monoxide Alarms

Carbon monoxide gas cannot be seen, smelled or tasted, but it is poisonous. You can prevent carbon monoxide poisoning. Follow these tips:

- Install a carbon monoxide alarm near where people sleep.
- Make sure these appliances are working properly. Have them fixed if they are not working.
  - Oven
  - Fireplace
  - Furnace
  - Space heater

**Magnolia**<sup>®</sup>  
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# Safety In The Home

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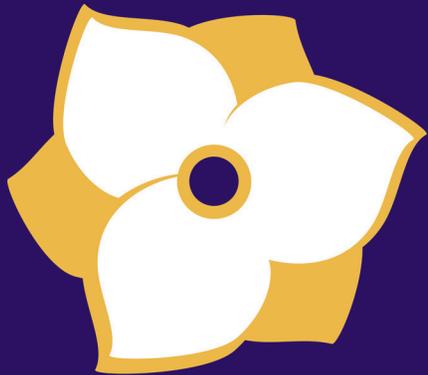
## How to Make the Home Safe:

*You can help reduce the risk of injuries by:*

- Guarding against slips and falls.
- Preventing and responding to fires in the home.
- Keeping poisons and medications secure.

## Guard Against Slips and Falls

- Install grab bars in bathrooms and shower stalls. Make sure they are securely attached to the wall.
- Use non-slip mats in showers and tubs.
- Keep the house well-lit. Pay special attention to having light near bathrooms, bedrooms, stairs, hallways and the entrances to the home.
- Avoid using throw rugs that are slippery or curled.



## Fire Safety: Preventing Fires in the Home:

- Don't put anything metallic inside the microwave.
- Don't let fat and grease build up on the stove, especially in the grill pan where it can easily catch fire.
- During the holidays, if you buy a live Christmas tree, choose a fresh one and water it daily.
- Always use a proper candleholder and never leave candles unattended or go to sleep when they are burning.
- Don't overload sockets. One plug per socket is the rule, especially if the appliance takes a lot of power.
- Switch off and unplug all electrical appliances not designed to stay on.
- Don't run extension cords across the floor.
- Don't leave appliances such as washing machines or dishwashers on at night.
- Never smoke in bed. Always use a proper ashtray.

## Responding to Fires in the Home:

### *Smoke Alarms*

- Install a working smoke alarm on every floor of the home. (Test batteries once a month.)

### *Fire Extinguishers*

- Keep a fire extinguisher near an exit. (Check the pressure gauge on it regularly.)
- Teach family members about how and when to use the fire extinguisher.

### *Fire Safety*

- Talk with your family about an escape plan in case of a fire. Practice it twice a year.
- Keep a list of emergency phone numbers by every phone.
- If there is a fire, call the fire department from **outside** your home.

## Safeguard Against Poisons and Medications

- If you have an emergency, call the Poison Control Center right away at 1-800-222-1222.
- Keep the poison center's number by all phones in the home.