

Challenging Behavior Chart Instructions

This form is used to track the occurrences of *specific challenging behaviors* that are being addressed ("targeted") in a formal behavioral treatment plan designed by a professional such as a psychologist or therapist. This form is not used to track the occurrences of *general challenging behaviors* where no behavioral treatment plan is present (see form entitled "*ABC Chart*").

To prepare the form for individualized use:

Form is best completed by QMRP

- 1) In box entitled "**Name**" at top left corner of form: enter in person's name
- 2) In boxes entitled "**Challenging Behavior(s)**:" list all challenging behaviors targeted in the behavioral treatment plan. *Note: If more than three behaviors are being targeted, an additional form needs to be completed.* Next to each challenging behavior, provide a brief, but detailed description of the behavior. The description should describe a specific behavior that can be observed by anyone.
 - *Examples:*
 - a. Stealing – taking items from others' homes and/or stores, placing them in his pants pockets, and hiding them in his closet
 - b. Tantrum behavior – screaming and cursing at others, and kicking the wall with his feet
 - c. Physical aggression – shoving or pushing others (usually in the chest)
- 3) Staff should be inserviced on the behavioral treatment plan and data collection using this form.

To record data on the form:

When the challenging behavior occurs, the staff observing the behavior must document the occurrence of the behavior.

- 4) In the "**Date**" box, note date that the behavior occurred.
- 5) In the "**Time**" box, note time that the behavior occurred. Depending upon the type of behavior being targeted, this information may be noted as a specific point in time (i.e., 3:15 p.m.) or an episode of time (i.e., 3:15 p.m. – 3:25 p.m.)
- 6) In the "**Location**" box, note location that the behavior occurred (i.e., bedroom, kitchen, movie theater, park, etc.)
- 7) In the "**Behavior**" box, note the specific behavior that occurred. Staff may write in the corresponding number to the targeted behavior, rather than writing out the behavior each time.
- 8) In the large box entitled, "**How did staff deal with the behavior...**" list or describe what steps staff took to address the behavior as directed in the behavioral treatment plan.
- 9) In the box entitled, "**Was an incident report completed?**" note whether the behavior resulted in an injury or other event which required completion of an incident report.
- 10) In the "**Staff Initial**" box, staff observing the behavior should sign their initials.