

# **PSSST—have you seen your Gynecologist lately?**

*If not, it's probably time for your PAP test...*



# KNOW YOUR TERMS!

## Pap Test [pap test]

When done every year starting at age 21,\* a PAP test is the best way to find 90% of the most common types of cervical cancer. Louisiana Healthcare Connections members receive **FREE** annual PAP tests.



## Cervical Cancer [sur-vi-kuhl kan-ser]

Cancer of the cervix. Common symptoms of cervical cancer are abnormal bleeding and pelvic pain.

## Gynecologist [gahy-ni-kol-uh-jist]

Your “lady doctor” and the one who can perform your Pap Test.

Have questions? Want to talk with someone to learn more about what you can expect? You can call NurseWise® 24 hours a day, every day at **1-866-595-8133**.

\*Teens who are sexually active should get their Pap Test sooner.



Healthy is a way of life.™

Call Monday–Friday, 7 a.m. to 7 p.m. (Central)  
Toll Free: 1-866-595-8133  
TDD/TTY (deaf and hearing loss number): 1-877-285-4514  
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