

Asthma Self Management Training Services for Medicaid Beneficiaries

New York State Department of Health
Asthma Program

Asthma Partnership of New York AE-C Subcommittee

Committee Goal:

- ▶ to increase the number of certified asthma educators (AE-Cs) in New York State and improve their integration into clinical practice.

Committee Objectives:

- ▶ to understand more about the AE-C workforce in order to inform strategies to increase New Yorkers' access to AE-Cs and asthma self-management support services;
- ▶ to develop and recommend a realistic, implementable set of specific strategies to the NYSDOH and the Asthma Partnership of New York; and
- ▶ to assist the NYSDOH and APNY in the implementation of those strategies

New York State Department of Health Office of Health Insurance Programs

Asthma Self Management Training Services For New York Medicaid Beneficiaries

Program and Quality Initiatives
Bureau of Primary and Chronic Care Delivery
Office of Health Insurance Programs



State of New York
Department of Health

NYS Medicaid Policy

- ▶ The 2008–09 Executive Budget amended the social services law to require coverage of asthma (ASMT) and diabetes (DSMT) self-management training services for Medicaid beneficiaries diagnosed with asthma and/or diabetes.



Program Development and Implementation

- ▶ Joint efforts of State Education Dept., public health partners, community-based coalitions, professional associations, external providers/practitioners and certified asthma educators input from the community.
- ▶ Multifaceted system integration to support new program; enrollment, payment and monitoring of program uptake.



ASMT Sites of Service

ASMT services may be rendered in:

- Physicians' offices
- Hospital Outpatient Departments
- Free-Standing Clinics



Who can order ASMT services?

- ▶ ASMT services can be ordered by a Medicaid enrolled physician, registered PA, registered nurse practitioner, or a licensed midwife.

Who can provide ASMT Services?

- ▶ ASMT services are to be provided by a NYS licensed, registered, or certified health care professional, who is certified as an educator by the National Asthma Educator Certification Board (NAECB).

NYS Medicaid Approves the Following Professional Entities

Certified Asthma Educators

- Registered Nurse
- Registered NP
- Respiratory Therapist
- Physician (MD, DO)
- Pharmacist
- Physician Assistant



To Enhance Patient Access To ASMT Services...

- ▶ Offices or clinics that do not directly offer ASMT services may refer patients to Medicaid enrolled practitioner offices or clinics that do employ or contract with AE-Cs.
- ▶ A written referral is needed (from the referring physician, PA, RNP or LM).

Delivery of ASMT Services

- ▶ ASMT services may be provided in individual or group sessions (no more than eight patients).
- ▶ ASMT services must be provided on-site; either in a practitioner's office or clinic.



Allowable Hours for ASMT Services

- ▶ Newly diagnosed patients or patients with medically complex conditions (such as poor asthma control, exacerbation of asthma, complications, etc.) will be allowed up to 10 hours of ASMT during 6–continuous months.
- ▶ Medically stable patients may receive up to 1 hour of ASMT services in 6– continuous months.
- ▶ ASMT services are not to exceed two hours of education (4 billable units of 30 minutes each) per day.



Who Can Bill for ASMT Services?

- ▶ Physicians, RNPs, LMs, OPDs, D&TCs and Federally Qualified Health Centers (FQHCs) who employ (or contract with) certified educators.
- ▶ Physicians and RNPs who are certified educators, themselves, can also bill for these services.



Billing for ASMT Services...

- ▶ AE-Cs must be employed by or contract with a billing Medicaid provider.
- ▶ AE-Cs in a practitioner's office, who cannot bill Medicaid directly will enroll as non-billing Medicaid providers.
- ▶ In a clinic setting, the clinic must notify Medicaid of AE-Cs that they employ.
- ▶ Educators must submit a copy of their professional license, certification, or registration, National Provider Identification (NPI) and national educator board certification to OHIP.
- ▶ The entity with whom the educator is employed or contracted must provide proof of employment or a copy of the contract with the certified educator.



Billing for ASMT Services

- ▶ Claims submitted for ASMT must have a diagnosis of asthma (ICD-9 493.XX).
- ▶ For child under 18 years, the parent(s) or legal guardian(s) may attend the ASMT session and the claim will be submitted under the child's Medicaid number.



ASMT CPT Codes...

- ▶ 98960– Individual education for 30 minutes
- ▶ 98961 – Group education, for a 30 minute session, 2-4 patients
- ▶ 98962– Group education, for a 30 minute session, 5-8 patients



Billing for ASMT Services

- ▶ **In the office setting**– the provider must submit an individual claim for ASMT services, and the National Provider Identifier (NPI) of the AE–C must be included on the claim.
- ▶ **In the clinic setting**– since only one claim can be submitted per day, if multiple services are provided by different providers on a given day, then only the NPI of the major service provider for that day should be on the claim.



Program Evaluation.....

- ▶ Initial assessment will focus on billing of services, geographic mapping
- ▶ Clinical outcomes such as inpatient admissions and ED visits will be evaluated ‘down the road’.
- ▶ Examine key issues that affect the implementation of this legislation and develop a statewide strategy to respond.



On-going Implementation and Evaluation Activities

- ▶ SUNY Center for Health Workforce Studies, with guidance from the NYSDOH Asthma Program, conducted a workforce analysis on AE-Cs in New York.
 - Key Findings discussed in AE-C Brief
- ▶ Expansion and Clinical Integration of NYS AE-C Workforce
 - Efforts implemented through Regional Asthma Coalitions and ALA with resources provided by NYSDOH
- ▶ Educate health care providers around ASMT program and AE-C credential (benefit of using an AE-C to provide service)
 - Web sessions under development
- ▶ Engage partnership network to spread best practices around integrating ASMT provided by AE-Cs into routine care for patients with asthma, particularly those with not well controlled or poorly controlled asthma.

Questions?

Consult the Medicaid Update

October 2008– Program overview

http://nyhealth.gov/health_care/medicaid/program/update/2008/2008-10.htm

December 2008 – AE-C enrollment practitioner's office

http://nyhealth.gov/health_care/medicaid/program/update/2008/2008-12.htm

March 2009 – Clinic enrollment information

http://nyhealth.gov/health_care/medicaid/program/update/2009/2009-03.htm



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Thank You!

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