

Heart Disease and Stroke in DHH Region 7

(Parishes: Bienville, Bossier, Caddo, Claiborne, De Soto, Natchitoches, Red River, Sabine, Webster)

Heart disease and stroke in Louisiana:

- Heart disease and stroke are the 1st and 4th killers of all Louisianans, respectively.
- In 2007, 9,947 people died of heart disease and 2,135 people died of stroke.
- Louisiana had the 6th highest mortality rate for heart disease and the 9th highest mortality rate for stroke in the nation in 2007.

Heart disease and stroke in DHH Region 7:

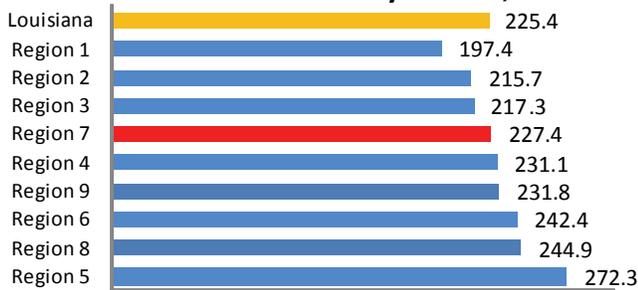
- In 2007, 25.0% (1,371) of deaths in Region 7 were caused by heart disease and 5.0% (275) were due to stroke, making these the 1st and 4th causes of death, respectively.
- Region 7 had the 6th highest mortality rates for heart disease and 8th highest for stroke in Louisiana in 2007.

Risk Factors (2009)

In Region 7:

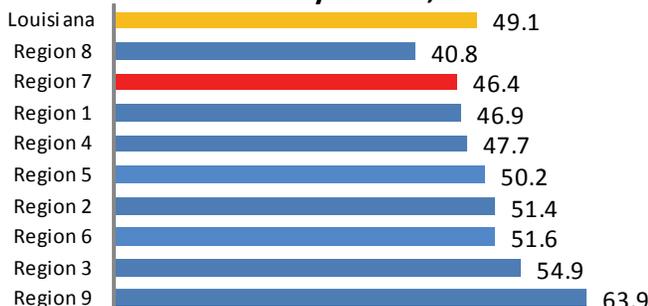
- 36.8% had high blood pressure [95% CI: 32.8-40.8]
- 37.3% had high cholesterol [95% CI: 33.2-41.1]
- 13.2% had diabetes [95% CI: 10.7-15.8]
- 22.9% were smokers [95% CI: 19.0-26.9]
- 68.5% were either overweight or obese [95% CI: 59.9-77.2]
- 27.7% did not get enough physical exercise [95% CI: 24.0-31.5]
- 82.1% did not eat more fruits and vegetables to lower risk of heart disease or stroke [95% CI: 78.7-85.5]

Heart Disease Mortality Rates *, 2007



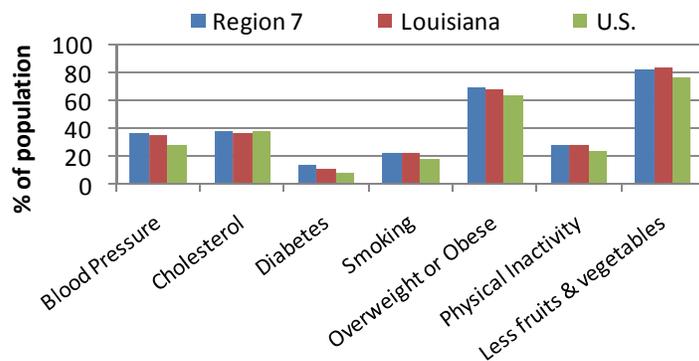
* Age-adjusted mortality rate per 100,000 population

Stroke Mortality Rates *, 2007



* Age-adjusted mortality rate per 100,000 population

Risk Factor Prevalence, Region 7, 2009



Data Sources:

Centers for Disease Control and Prevention, National Center for Health Statistics. Compressed Mortality File 1999-2007. CDC WONDER On-line Database, compiled from Compressed Mortality File 1999-2007 Series 20 No. 2M, 2010.

Centers for Disease Control and Prevention (CDC). Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2009.